# Saratoga OB/GYN at Myrtle Street

		PATIE	NT RE	<b>GISTR</b>	ATION	Ţ		
FIRS T NAME (LEGAL)	PREFERRI	ED FIRST N	NAME	MI		LAST NAM	ME	
STREET ADDRESS			CITY	1				ZIP CODE
HOME PHONE		CELL PHO	)NE			WORK PH	ONE	
EMAIL ADDRESS						DATE OF	BIRTH	
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PHARMACY				REFERRIN	G DOCTO	R	PRIMARY	DOCTOR
RELATIONSHIP STATUS (pleas NEVER MARRIED MARRIED DOMESTIC PARTNER WIDO	DIVORO	CED SEI	PARATED		EMPLO YI	ER		
		PRIMAR	Y INS URAN	NCE INFORM	MATION			
PRIMARY INSURANCE COMPA	NY NAME							
INSURANCE COMPANY ADDR	ESS							
NAME OF INSURANCE POLICY	HOLDER					INSURED	S DATE O	F BIRTH
INSURANCE GROUP#		INSURED'	S POLICY	#		PATIENT	INS URANC	CE POLICY#
INSURED'S EMPLOYER		•		EMPLOYE	R'S ADDR	ESS		
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		SECONDA	RY INSUR	ANCE INFO	RMATION	1		
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INSURANCE COMPANY ADDR	ESS							
NAME OF INSURANCE POLICY	HOLDER					INSURED	S DATE O	F BIRTH
INSURANCE GROUP#		INSURED'	S POLICY	#		PATIENT	INS URANC	CE POLICY#
INSURED'S EMPLOYER				EMPLOYE	R'S ADDR	ESS		
RELATIONS HIP TO INSURED		EFFECTIV	E DATE O	F INSURAN	CE PLAN	IF AUTO (INJURY	OR WORK	RELATED, DATE OF
HOW DID YOU HEAR ABOUT UPLEASE SPECIFY:	S? □ FR	IEND/RELA	ATIVE []	PHONE BOO	ок 🗆 м	AGAZINE A	AD   INT	TERNET OTHER



ODAY'S DATE:	/ CELLITOR OF D	ARATOGA REGIONAL MEDICAL, P.C. IATE OF SARATOGA HOSPITAL	APPOINTMENT DATE:		
ATIENT LEGAL NAME:			DATE OF BIRTH:		
REFERRED NAME.		GENDER:			
RIMARY CARE PHYSICIAN:	I	PHARMACY AND LOCATION:			
EASON FOR VISIT:					
			counter):		
o you have any chronic illnesses? `	Yes No If				
OB/GYN HISTORY (please answer a	II questions that a	pply to you)			
Age at first menstrual period:	Any vaginal itchir		Are you sexually active?		
First day of last period:	Have you had the	e HPV/Gardasil vaco			
How many days does period last?	Series? If yes, ho		Total # of sexual partners in lifetime:		
How many days between periods?	Have you ever ha	ad an abnormal pap	or # of male partners:		
Is your flow heavy, light, moderate?	procedure (i.e. co	olposcopy, LEEP) or	n # of female partners:		
Are your periods painful?	your cervix? If ye	es, describe.	Sexual orientation:		
Other menstrual symptoms:			Straight/Heterosexual Gay/Lesbian/Homosexual Other (please specify):		
Do you have any history of sexually tra	ansmitted disease?	If yes, describe.	The same of the sa		
SELF CARE					
Do you have regular check ups?	Date of last pelvi	c/pap exam:	Date of last colonoscopy:		
Date of last breast exam:	Date of last mam	• •	Other testing:		
Do you do self breast exams?	Date of last bone	e density scan:	Current birth control method:		
MENOPAUSE HISTORY (Please ans	wer all questions t				
Age at menopause:			or have you ever taken hormones?		
Symptoms of menopause:		If yes, what?			
		If yes, when and f			
If you have had a hysterectomy, do yo	u still have your	Are there any side	e effects?		

ovaries?

Total # of Pregnancies: # of Premature Births			Births:	# of Miscar	riages:	# of Induced Abortions:		# of Living Children:	
Date of birth	Weeks at delivery (Term = 40)	Baby's sex	Weight at birth	Hours in Labor	Type of Delivery	Type of Anesthesia	Hospital & Name of MD or CNM	Baby's Name	

Patient Name:
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#### PLEASE CHECK ALL CHILDHOOD ILLNESSES OR MEDICAL PROBLEMS YOU HAVE HAD:

Please check box to **LEFT** of illness or problem.

Abdominal Aortic Aneurysm
Abnormal Pap smear
Acne
ADHD
AIDS
Alcoholism
Seasonal Allergies
Alzheimer's Disease
Anemia
Angina
Arteriosclerosis
Arthritis, Rheumatoid
Arthritis, Osteo
Asthma
Atrial Fibrillation
Bladder Infections
Blood Transfusions
Bronchitis
Cancer
Carotid Artery Stenosis
Cataracts
Cerebrovascular Accident (CVA)
Chickenpox
Chickenpox - Vaccine
Cirrhosis
CNS Tumors
Colitis
Colon Polyps
Congestive Heart Failure
COPD
Coronary Artery Disease
Crohn's Disease
Depression
Dermatitis
Diabetes- Insulin Dependent
Diabetes- Non Insulin Dependent
Diverticulitis
Diverticulosis

	Drug Addiction
	Eating Disorder
	Emphysema
	Epilepsy
	Esophagitis
	Fibrocystic Disease of Breast
	Fibromyalgia
	GERD
	Gallstones
	Glaucoma
	Gonorrhea
	Gout
	Hard of Hearing
	Headache
I	Heart Attack (MI)
	Heart Disease
	Heart Failure
	Heart Murmur
_	Hemophilia
_	Hepatitis A
	Hepatitis B
_	Hepatitis C
	Herpes
	Hiatal Hernia
	HIV
	Hodgkin's Disease
Ĺ	Hypercholesterolemia
Ĺ	Hypertension
	Incontinence
Ĺ	Infertility
	Kidney Disease
	Kidney Infections
	Kidney Stones
I	Leukemia
	Liver Disease
	Lung Disease
	Lupus
Γ	

Measles
Mental Illness
Migraine
Mitral Valve Prolapse (MVP)
Multiple Sclerosis (MS)
Mumps
Obesity
Osteoporosis
Peptic Ulcer Disease
Palpitations
Pancreatitis
Parkinson's Disease
Peripheral Vascular Disease
Phlebitis
Pneumonia
Poliomyelitis
Psoriasis
Pulmonary Embolism
Rheumatic Fever
Rubella
Scarlet Fever
Scoliosis
Seizure Disorder
Sickle Cell Anemia
Sinusitis
Stroke
Syphilis
Transient Ischemic Attack (TIA)
Thyroid Disease
Hypothyroidism
Hyperthyroidism
Grave's Disease
Tuberculosis
Tumors
Ulcers
Venous Insufficiency
Vertigo

## PLEASE LIST ANY OTHER CHILDHOOD ILLNESSES OR MEDICAL PROBLEMS:

List any assistive devices you wear or use, such as hearing aids, contact lenses, glasses, walkers:

SURGERIES.	PROCEDURE	S AND HOSPITALIZ	ATIONS (Pleas	e list all with dates.)		
DATE		OF SURGERY	SURGEON	HOSPITAL	COI	MPLICATIONS
DATE	TYPE O	F PROCEDURE	PHYSICIAN	FACILITY	COMPLICATIONS	
DATE	TYPE OF H	OSPITALIZATION	PHYSICIAN	HOSPITAL	COI	MPLICATIONS
AMILY MEDI	CAL HISTOR	Y (Please list all fam				
RELATIVE				<b>S</b> (Breast Cancer, Uterinart Disease, Diabetes, et		LIVING (Yes /No) If no, age deceased
Father			·	· · · · · · · · · · · · · · · · · · ·	,	
Mother						
Paternal Gr						
Paternal Gr	andtather randmother					
Maternal G						
Brothers	anaration					
#						
Sisters						
#						
Other (Chill Uncles, Nied Nephews, C						
		wish descent?				
	NAL HISTOR education attai	Y ned:		Marital Status:		
				Are you currently working	ng? Yes _	No
you smoke?				If yes, # cigarettes per d	ay:	
es, how ready		ou to quit smoking? (C lit smoking? (Circle or e? Yes	ne) 1 2 3 4 5		ay:	
you drink alco		Yes	No	If yes, # drinks per day: If yes, type and how ofte		
you use stree you drink caf		Yes Yes	No No	If yes, type and how ofte If yes, type and # cups p	en: ber dav:	
you exercise		Yes	No	If yes, type and how ofte	uuy	



NAME:	DATE OF BIRTH:	APPOINTMENT DATE:

## **OSTEOPOROSIS RISK SURVEY**

#### **Risk Factor Assessment**

1.	Are you an Asian or Caucasian female?	YES	NO
2.	Do you have rheumatoid arthritis?	YES	NO
3.	Do you have a family history of osteoporosis?	YES	NO
4.	Do you have a personal history of fracture as an adult?	YES	NO
5.	Did you have surgically induced menopause or both ovaries removed before age 45?	YES	NO
6.	Do you suffer from irregular or missed periods (less than 4 periods per year) for one year or more?	YES	NO
7.	Do you smoke cigarettes?	YES	NO
8.	Do you have low body weight (less than 127 lbs)?	YES	NO
9.	Do you regularly consume dairy products in your diet?	YES	NO
10	Do you consume more than 2 servings of alcohol daily?	YES	NO
11.	. Do you exercise regularly?	YES	NO
	Who Should Be Tested for Bone Mineral Density (BMD)?		
1.	Are you a woman 65 years of age or older?	YES	NO
2.	Are you a postmenopausal woman under age 65 who has one or more additional risk factors (from section above) for osteoporosis?	YES	NO
3.	Have you been on hormone replacement therapy for prolonged periods (more than 3 months)?	YES	NO
4.	Have you taken steroids or glucocorticoid medications (prednisone, cortisone) to treat asthma, arthritis, lupus or other chronic diseases (3 consecutive months or more)?	YES	NO